



Signe Stahl

Diver: 3m, 1m, synchro (3m)

Class of 2026

Address: Lindmataregatan 49, 21838 Malmö, Sweden

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Objective: To compete for a top-ranked NCAA Division 1 Swimming & Diving program

Academics:

Malmö Idrottsgymnasium, NIU student (National Sports Education)

Grade Point Average: 3.84 (using the NCAA grading scale)

Athletics:

Height: 5'3"

Weight: 111 lbs

Springboard diver on 3m, 1m, synchro and mixed synchro

Practice: 10 times a week

Club team: Malmö Kappsimmingsklubb, MKK

Coach: Pär Berg +46704404419 mkksimhopp@gmail.com

NIU coach: Hannah Persson hannah.persson@malmokappsim.se

Diving Accomplishments:

Debuted in Sweden's National Team 2019

Awarded "Most promising girl of the year 2023" by MISO (Malmö Sports Association's Organization)

MKK Club Performance Award (2023, 2021, 2019, 2018)

Member of the Swedish High School Sports Program NIU

National Competitions:

Swedish National Championships: gold on 1m and mixed synchro and bronze on 3m and synchro (2024), gold in synchro and bronze on 1m and 3m (2023)

Swedish Junior Championships: gold on 1m, 3m and synchro (2024), gold on 1m and synchro and silver on 3m (2023)

Swedish Youth Championships: gold (2024, 2023, 2022, 2021, 2020, 2019, 2018)

International Competitions:

Junior World Championships: qualified for Rio de Janeiro in November on 3m, 1m and synchro (2024), 2 finals and 4th place on 3m (2022)

European Junior Championships: gold in 3m and 1st in prelims 1m (2024), bronze in synchro and 2nd place in prelims on 3m (2023), 2 finals and silver on 1m (2022)

Nordic Senior Championships: gold on 3m and synchro (2023)

Nordic Junior Championships: gold on 3m, 1m and synchro (2023), gold on 3m and 1m (2022), silver on platform and bronze on 1m (2019)

International Youth Diving Meet Dresden: silver on both 3m and 1m only 0,6 points from gold (2024), 4th place on 3m and 5th place on 1m (2023)

British Junior Elites: gold on 1m and 3m (2022)

Eindhoven Diving Cup: gold on 1m, 3m and synchro (2024)

8-nations Diving Cup: gold on 3m (2024), silver on 3m and synchro (2023)

Bergen Open: gold on 1m and 3m (2024) gold on 1m and 3m and silver in synchro (2022)

Work Experience:

Internship at Komvux, Municipal Adult Education in Sweden (2023)

Internship at Perfect Life Group AB, Leadership training company (2023)

Babysitter (summer 2020)

Math tutor (2020-2024)